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### In-House Corner: The #1 Thing Freaking You Out at Work—Part 1

This feature of our blog is where our in-house readers share tips, anecdotes and thoughts about things that come up in their daily practice. Part two and three of this series are coming soon; feel free to ping me and share your thoughts—they will be posted anonymously or with attribution, whichever you desire. This particular batch of thoughts is about the thing that is freaking you out the most right now at work:

1. "I don't know that I am freaking out about it just yet, but I have spent more time in the last six months than I probably have in the prior six years thinking about how oversight responsibilities of the board and its committees should be divided among them with regard to ESG matters, and whether or not the traditional naming conventions still effectively capture each committee's remit." – Cameron Diaz Doe
2. "The number of SEC proposals to read and think through. My head is spinning like a top." – Gale Sayers Doe
3. "I seem to complain to my kids daily about the number of ESG-related subjects that pop up almost daily to absorb and think about. They just roll their eyes and ask for more pizza." – Wanda Sykes Doe
4. "It's utterly bewildering: the infinite expansion of the term 'ESG' and consultants claiming they can 'simplify' the subject for clients." – J.B. Smoove Doe
5. "For me, I try not to complain. But sometimes I can't believe another year has gone by. When I think of my long career, the past few years swallow the other 20 because it's been so insane. Breakneck speed. I want to quit each and every day." – Lucy Liu Doe
6. "I'm still worried about Covid. They made us come back to the office and everyday seems like a crapshoot about falling deathly ill." – Simu Liu Doe
7. "I'm freaking out about my attitude. I used to always love coming to work. Now it's a chore. Have I lost my mojo?" – Jennifer Lopez Doe

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