

## **Perkins Coie Supports Lawyer Well-Being Week and Focus on Physical and Mental Health**

**SEATTLE (May 6, 2020)** - Perkins Coie is proud to support Lawyer Well-Being Week, which is being observed through May 8, in partnership with the American Bar Association (ABA) and the [National Task Force on Lawyer Well-Being](#). Perkins Coie has long been committed to supporting the physical and mental health of all its attorneys and professional staff.

The firm provides a range of benefits and programs to support the physical and mental well-being of its lawyers and staff, including reduced hours and paid sabbaticals, and has worked to foster an environment and culture in which every individual can seek and receive the appropriate help they need to maintain their health and well-being.

As part of Lawyer Well-Being Week and the firm's ongoing commitment to the overall health of its attorneys and staff, Perkins Coie is promoting a different wellness topic each day and offering a variety of resources including webinars and virtual classes. Acknowledging the legal industry's broader effort to improve physical and mental health, the firm is also encouraging staff to participate in the ABA's well-being webinar program.

Perkins Coie recognizes the unique challenges that the coronavirus pandemic has presented to its lawyers and staff and is providing a range of additional benefits and supportive measures, including Emergency Care Time that staff can use for self-care or to assist a family member.

Perkins Coie is a leading global law firm, dedicated to helping the world's most innovative companies solve the legal and business challenges of tomorrow. Learn about our work and values [here](#).

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### **Media inquiries**